



SANITARY WORKERS FAMILIES FACING PROBLEMS IN SPORTS AND NUTRITION

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GENERAL PROBLEMS

Sanitary workers of India, where PRIA is initiating activities for Strengthening Civil Society Voices on Urban Poverty, are no exception to the above situation. Besides the usual problems of sanitary workers like potable water, sewerage facility, land rights, street light, BPL card and voter card, sanitary workers of Patna is facing huge problem related to sanitation facilities. According to the slum dwellers, many people prefer plastic bags, sewerage lines, road sides, railway tracks, nearby forest areas, behind bushes, field, streets or other places for defecation that do not provide adequate privacy, safety, dignity and hygiene. And above all these places are not secure for girls and women. Lack of toilets affects women and girls in particular; it makes them vulnerable to rape and other forms of gender-based violence. Women and girls face threats of sexual assault when they have to walk long distances to sanitation facilities, especially at night.



Absence of household toilets not only generate element of myriad fears but also pollutes environment and water sources. It is known that world over, millions of children are left malnourished, physically stunted and mentally disabled by excreta-related diseases. To combat with these issues, residents of sanitary workers have formed temporary toilets near to their respective households. Now, after prolonged struggle and wait, in coming month, the sanitary

Workers residents going to get “six public toilets” in their slums. But main agenda is maintenance of “public toilets”. As the sanitary workers is facing same issues related to maintenance. In adjacent slum toilet is in worse condition and to avail its services each time residents have to pay 3Rs/. It is a huge amount for whole family. So either they are forced to use ill maintained toilets or they have to defecate in open. Ms. AR zoo Devi from Adalatganj stated every day brings the same problem. For low class society concept of defecation doesn't deserve any consideration but for us this simple act of defecation takes thoughtful planning. Being a woman it is matter of dignity, health and safety.

PROBLEM FACING IN SPORTS

The sanitary worker's children have many problem facing in sports.

1. lack of play field, they are Play Street or any other little place. So they are having lots of problem such as injury.
2. lack of the faculties, they are not uses proper equipment and clothes. So they are not learn a good manner.
3. lack of guidance, they have also facing a guiding problem because no one want to teach them about sports.



4. lack of environment, they have also facing a environment problem because other cost children are not playing with them. So that, they are not get a healthy atmosphere for the playing.
5. Lack of motivation, they are having good qualities for sports but no one encourage them. Lack of motivation they are not get a higher level in sports.

PROBLEM FACING ABOUT NUTRITION

Sanitary worker's families having lot of the problems about nutrition.

As a generalization, lifestyle-related illnesses are more common in the urban areas. The peaks and troughs of the economic cycle tend to impinge more directly on urban communities, with economic downturns often placing severe pressure on these communities. Consequently, there are significant levels of stress in a situation where generally counseling, support groups and other mental health services are limited if available at all. Commonly, in urban areas, there is a higher alcohol and tobacco consumption, and standards of nutrition vary when compared with the cities.

MALNUTRITION PROBLEM

They have not take a good meal, due to the malnutrition their families having lack of nutrition. If you're raising a picky eater, you might worry that your child isn't getting the nutrients necessary for proper growth and development.



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But you probably don't need to worry unless your doctor tells you that your child isn't growing at the normal rate for that age range. Over time, most finicky eaters do get enough calories and nutrients to meet their needs.

Everyone feels hungry at times. Hunger is the body's signal that it needs food. Once we've eaten enough food to satisfy our bodies' needs, hunger goes away until our stomachs are empty again.

Malnutrition is not the same thing as hunger, although they often go together. People who are chronically malnourished lack the nutrients needed for proper health and development. Someone can be malnourished for a long or short period of time, and the condition may be mild or severe. People who are malnourished are more likely to get sick and, in severe cases, might even die.

So that, this is a big problem in sanitary worker's families.

HEALTH PROBLEM

A second problem is the tendency of primary health care programs to dismiss curative interventions and ignore the desire people have for some help with their immediate health problems. A program in India, the Nutrition Education Intervention Program which was evaluated some years ago, did involve some curative intervention. The evaluators found that the inclusion of curative activities in the program seemed to be a key factor in increasing the motivation of participants and acceptance by the community, so contributing to the success of the program.